Whole Blood Assay Protocol

- 1. Start bacterial overnight culture (16-18 hrs) in 5ml lysogeny broth (LB) at 37°C for 16-18 hours
- 2. Sub-culture bacteria from the overnight culture 1:30 in LB
- 3. After 2 hrs, take 1ml of the subculture in a 1.5ml eppendorf tube and wash bacteria:
 - a. Centrifuge 12,000rpm for 2 mins
 - b. Get rid of supernatant.
 - c. Resuspend the pellet in 1ml PBS
 - d. Centrifuge 12,000rpm for 2 mins
 - e. Resuspend the pellet in 1ml RPMI
- 4. To measure OD, dilute bacteria 1:10 (100ul of the washed bacteria + 900ul media). First blank the spectrophotometer with pure RPMI at OD 600nm. Then measure the OD of the diluted bacteria.
- 5. Calculate the MOI appropriate for the whole blood assay in the volume of 125ul. Assume 1 million cells/ml in whole blood.
 - MOI = multiplicity of infection, MOI 1 = 1 bacteria per 1 cell, MOI 10 = 10 bacteria per 1 cell for example
- 6. Prepare LPS for use as positive control:
 - a. Dilute sonicated rough *E. coli* J5 LPS (Sigma, stock = 5mg/ml) to 0.1ng/ml in RPMI total volume 125ul
- 7. If using BPI:
 - a. Pre-incubate whole blood with desired concentration of BPI (diluted in RPMI) for 30min at 37°C before adding stimulant (bacteria/LPS)
 - b. Note: FINAL volume of BPI + stimulant = 125ul
- 8. Draw blood from a consenting healthy donor using a heparin-coated collection tube
- 9. Add 125ul of bacteria or LPS to the designated well of a 96-well flat bottom plate at the desired MOI (1 and 10)
- 10. Aliquot 125ul of blood into each well
- 11. Incubate for 4 hrs at 37°C
- 12. Centrifuge the plate at 2500rpm for 5 mins
- 13. Save the supernatant (1.5 ml eppendorf tube or 96-well plate) and store in -80°C until use in TNF-alpha-ELISA.
- 14. Measure TNF-alpha by using a human TNF-a kit from R&D Systems (catalog:
 - DY210) according to the protocol provided by R&D Systems
 - a. Note: use samples at 1:5 dilution in the ELISA